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Looming Foreclosures Dent Productivity

ACI Offers Hope and Management

(San Diego, CA) March 26, 2007. In an effort to respond to decreased productivity due to the real estate slump, ACI Specialty Benefits, one of the nation's leading Employee Assistance Programs by *Business Insurance* and *Workforce Management* Magazines, is offering stress counseling and corporate trainings to individuals faced with looming foreclosures or other stress-related illnesses resulting from the real estate slow down.

"Individuals who are on the brink of foreclosure, losing their home or any financial discomfort can suffer from an incredible amount of fear, anxiety and sleeplessness that impact their daily lives," said Ann Clark, PhD, the CEO and founder of ACI Specialty Benefits. "Our job is to help these individuals manage this difficult time and provide the resources to find a better outcome."

As part of ACI's Specialty Benefits package, clients may receive financial and legal assistance to help individuals sort through their financial situation or legal options. ACI's exceptional team of clinicians can help employees straighten out a complex web of emotions relating to money and spending and offer ways to ease the emotional and physical manifestations of financial stress. ACI has received a recent surge in calls from employees undergoing emotional and physical stress due to the housing slump, prompting corporate wide trainings to address these issues and concerns.

According to a recent study, thirty million workers in America—one in four—are seriously financially distressed and dissatisfied with their personal financial situations. In addition, the same study shows 82.5% of the individuals say financial stress affects their health, citing ailments including depression, headaches, insomnia, digestive problems, high blood pressure and appetite disorders which can impact performance and productivity.

About ACI Specialty Benefits:

ACI is an international Specialty Benefits Corporation specializing in Employee Assistance, Work/Life, Concierges and Wellness programs. In 2006, ACI ranked among the nation's Top Ten list of EAP providers by *Business Insurance* and *Workforce Management* magazine. Established in 1983, ACI grew to international prominence serving clients across the nation and around the world. For more information, or to download a copy of the session, please visit our website at www.acispecialtybenefits.com or call us at **1-800-932-0034**.

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